

CHIROPRACTIC



BACK IN MOTION

SPORTS INJURIES CLINIC, LLC

Steve Hanson, DC, CCSP

Education

Dr. Hanson received a bachelor's degree in Biology from the University of South Dakota and his Doctorate from Northwestern College of Chiropractic. His involvement in NWCC Sports Council led to a internship at one of Southern California's top sports injury clinics.

While finishing his doctorate he learned multiple soft tissue and advanced taping techniques. He credits his hands-on experience with pro athletes, Olympians, collegiate, and recreational athletes while in California as the basis for many of his



treatment protocols.

Dr. Hanson obtained Certified Chiropractic Sports Physician and Certified Strength and Conditioning Specialist designations during 2004.

Personal Philosophy

Dr. Hanson respects the challenge of sports/overuse injuries and has a strong appreciation for the soft tissue component occurring with each injury. He uses several myofascial release methods including Graston Technique® to stimulate the healing process.



He often applies Specific Proprioceptive Response Taping (SPRT) to dynamically support specific structures while enhancing the movement of uninjured tissues along with myofascial release. He also utilizes therapeutic stretching and strengthening along with chiropractic manipulative therapy.

Dr. Hanson has been a competitive athlete since youth. His experience dealing with his own injuries has given him much better understanding of the different phases each injury requires to properly heal. "I look forward to combining my personal experience and advanced education helping patients return to top health. You don't have to be an elite athlete for me to treat you like one!"

Office Hours:

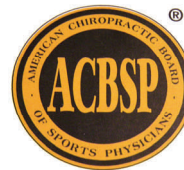
Tuesday 2:00pm - 8:00pm
Wednesday 7:00am - 1:00pm
Thursday 2:00pm - 8:00pm
Friday 7:00am - 5:00pm
Saturday 8:00am - 2:00pm

The initial visit, including history, examination and consultation, will take approximately one hour.

Experience with Excellence

Dr. Hanson has memberships in the National Strength & Conditioning Association and CCSP status with the American Chiropractic Board of Sports Physicians. He is an active member of the United States Tennis Association and the Red Lizard running club.

Dr. Hanson has provided medical assistance for the U.S. Pre-Olympic Trials,



**HANDS ON CARE OF
SPORTS INJURIES**

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